

Mask guidance

Everyone must wear a mask at all times at all Victorian John Holland workplaces



Cloth or surgical masks

How does it work?

Traps the wearer's droplets when talking, coughing or sneezing

Deters user from touching nose and mouth, reducing transmission

Cloth masks are washable and reusable

Surgical masks are disposable

When to use

When outside of your home

When commuting to work

When conducting routine tasks

When conducting temperature tests

Care and Maintenance

Cloth masks should be washed every day and worn no longer than 8-10 hours

Surgical masks should be disposed of after 8-10 hours, or at end of shift



Respirator P2, P3 or equivalent

How does it work?

Filters out droplets and other particles, as well as viruses and bacteria

Deters user from touching nose and mouth, reducing transmission

Some respirators have one way valves, allowing unfiltered breath to be released, meaning they only protect the wearer

When to use

When working in close proximity to others for extended periods - i.e. 15 mins or more

When administering first aid

When conducting drug or alcohol tests

Care and Maintenance

Disposable respirators should be replaced after every 8-10 hours of use

Reusable respirators must be cleaned and inspected daily. Replace components as required

For all masks

Adjust your mask so nose and mouth are covered and there are no gaps on the sides

Avoid touching your mask once in position

Always wash your hands thoroughly before and after handling your mask

Replace mask if defects are found

**YOU MUST
STILL ALWAYS:**

If you have symptoms or are awaiting test results, stay at home.

Keep a distance of 1.5m from others.

Wash or sanitise your hands thoroughly and frequently.

Masks are only as effective as your hygiene and social distancing

This poster is intended to apply to John Holland workplaces.

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